Call out for female autistic facilitators for 'Being Me'

(creative groups for autistic girls)

* This is our plain text version. If you require this information in a different format, need support to apply, or have any questions or queries, please email contact@cantsitstill.net *

'Being Me' is an arts project devised and led by 'Can't Sit Still' and funded by the NHS. We are seeking **female**, **freelance facilitators who are autistic**, to co-lead a series of 10 weekly creative groups for girls from 11-16 years old who are autistic, or who have social and communication experiences related to autism.

Each group accommodates up to 15 girls. They will take place on:

- Wednesday, 7.30-9pm Kingswood, South Gloucestershire
- Thursday, 7.30-9pm Yate, South Gloucestershire

The clubs will run for 10 weeks, from 31st October 2022 - 20th January 2023 (there will a break for Christmas).

Context

This project has received funding from the NHS, to test services that improve the support for autistic children and young people, and those exploring a diagnosis, in response to the huge rise of young people in Bristol, North Somerset and South Gloucestershire who are currently waiting for an autism assessment.

Who are we looking for?

We want to meet **experienced participatory arts practitioners** - that is, people who have worked with groups of people before, using any creative form (including but not limited to visual arts, performance, music and writing). Each facilitator will work in a team of two to plan and deliver the groups.

To ensure that the facilitation team is representative of our group participants, we are only inviting applications from **autistic women** at this time (this includes autistic females who may also relate with non-binary / gender non-conforming / genderqueer gender identities). **You don't need to have a formal autism diagnosis to apply**. If you are unsure about whether you meet the criteria, please get in touch for an informal chat.

We believe that innovation occurs through the interactions of people with diverse experiences, expertise and points of view (*Collective Genius* - Hill, Brandeau, Truelove and Linebeck, 2014). With this in mind we are very interested in receiving applications from people whose lived experiences are currently under-represented in our team. This includes people who:

- are from the global majority.
- have physical disabilities, impairments or differences.

What will being a facilitator involve?

You will work together with another person, to co-lead either one or two sessions a week for 10 weeks

Before the sessions begin, all facilitators will be sent **paid research and reading tasks**, and attend a **paid planning and development day** with lead artists from 'Can't Sit Still', to discuss more about the 'Being Me' project and what we hope to achieve. Together, we will share practice and co-design the session delivery and evaluation framework.

There will also be a **paid weekly online reflection session** with the other facilitators, volunteers and Can't Sit Still's core team, lasting 1.5 hours. This will be scheduled to fit in with everyone's availability, once we have recruited the entire team.

Essential criteria

- Professional creative practice (including but not limited to theatre, dance, music, circus, visual arts, writing).
- Experience of participatory arts practice (e.g. working with groups).
- Female.
- Identify as **autistic**.
- Willingness to learn about Can't Sit Still's co-creative approach to running participatory arts activities.
- Availability for planning and development day Thursday 13th October.
- Availability for 10 group sessions either on a Wednesday or Thursday evening. It
 is also possible to be considered for both groups.

- Availability for weekly 1.5 hour online reflection session.
- Current **DBS check**, or willingness to complete one.
- Right to work in the UK.
- Public liability insurance.

Timeline

Deadline for applications: 9am, Monday 5th September 2022.

All applicants notified whether they have an interview or not: No later than 6pm on

Thursday 8th September

Interviews: Wednesday 14th September, either in person or on zoom.

Offers made: Friday 16th September

Planning and development day: Thursday 13th October

One-to-one online or in person meetings with group participants: Week beginning

24th October. (These can be scheduled to fit around your availability)

Weekly groups and online reflection sessions begin: Week of 31st October (there will

be 7 sessions before Xmas)

Christmas break: Monday 19th December - Tuesday 3rd January

Weekly groups and online reflection sessions recommence: Wednesday 4th January

(there will be a further 3 sessions)

Weekly groups finish: 20th January 2023

Fees offered

Research and reading tasks: £103

Planning day: £156

One-to-one meetings: To be discussed when we know how many sessions will take place

and where. As a guide, Can't Sit Still pays £156 per day, £103 for a half day (up to 4

hours).

Group planning and delivery: £103 per session \times 10 = £1030

Online reflection session (1.5 hours): $£50 \times 10 = £500$

Overall minimum fee: £1789

Our fee structure is in line with our company wide pay policy, a copy of which can be found on our website. Please note that 'Being Me' fees include a rise in our freelance rate from £150 to £156 a day (equivalent to £26.4K per annum), due to take place at the start of September 2022.

How to apply

Please email contact@cantsitstill.net with:

• a CV of your relevant work OR link to your website.

and

- a video, audio or written application answering the following questions:
 - What makes you suitable for this work?
 - What excites and/or interests you about facilitating the Being Me Clubs?
 - Are you applying for the Wednesday groups in Kingswood, the Thursday group in Yate, or both?

Written applications should be no longer than **500 words**, and video or audio applications should be no more than **3 minutes** in length.

Please feel free to tell us about any access requirements you may have for the role, so we can know how best to support you.